

Supporting clinical skills and confidence for MS Nurse Specialists when discussing Bladder Dysfunction

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Background

Multiple Sclerosis is a progressive neurological disease and the symptoms vary from person to person and affects over 130 000 people in the UK.

The MS society report as many as 9 in 10 people with MS will suffer with a problem with their bladder at some point. Bladder problems can have a significant impact on people with MS, their families and the NHS. This means a large number of people living with MS may need intervention or signposting from a nurse specialist.

Aim

Whilst there are various treatment options available, patients are assessed individually and if intermittent self-catheterisation (ISC) is considered as the Gold standard of bladder drainage it is important that staff are appropriately trained in the speciality to avoid delays in improving the quality of life. As registered nurses, the opportunities to develop professionally and practice effectively comply with the NMC Code of Conduct. Whilst MS Nurse Specialists may not have the capacity in their roles to teach ISC, having more knowledge on this aspect of treatment options will give them more confidence to have those patient discussions as early as possible to compliment the holistic approach of their specialism.

Method/Results

Fittleworth Medical designed an interactive on line module accredited by the Royal College of Nursing (RCN) in 2020. The course was designed by clinically experienced and competent Urology nurse specialists. The principles, practice and teaching of intermittent self-catheterisation course is split into four online webinar modules to allow for flexible attendance with reduced impact on clinical services. The course is focused on the development of skills with competencies to enable clinicians to be able to teach ISC safely which will help to transform the lives of people with MS who need it.

"The ISC Course provided by Fittleworth I attended last year was a very positive experience and an informative course. As a Continence Nurse I found the information supplied was invaluable to my practice and the patients I see. The course information was clear and concise. The subject, ISC, was presented in a methodical and through way, trouble shooting and discussion of cases were also part of the course. The literature provided added to the presentation and gave a resource to use to use in the future. I felt this course has validated and added to my knowledge and improved the service I can provide for my patients."

- Continence Nurse Specialist



Discussion/Conclusion

Attending an accredited course can increase your confidence, skills and knowledge to be able to support those living with Multiple sclerosis who experience bladder dysfunction.

Start dates are: 2nd February
28th April

8th September
2nd November

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