



PROGRAMME

DEVELOPMENT OF MULTIPLE SCLEROSIS CARE AND MANAGEMENT FOR SPECIALISTS MODULE

Accredited by Birmingham City University
(20 Credits at Level 6 or 7)

23 – 27 January 2023

The Cromwell Hotel
Stevenage SG1 3AZ

Monday 23 January 2023

08:30 Welcome and introductions

Tania Burge, Head of Health Professionals Programmes, MS Trust

09:30 Overview of the MS Trust

David Martin, CEO, MS Trust

10:00 MS Trust resources to help you meet the challenges and celebrate the opportunities of working in MS

Claire Winchester, Head of Information and Engagement and Claire Gambrell, Fundraising Manager – Events, Community & Trading, MS Trust

Learning Outcomes. *After this session you will:*

- have considered which MS Trust resources, programmes and events are most useful in developing your service or practice
- understand the role of the MS Trust information and engagement team
- have knowledge of the resources available from the MS Trust for people with MS
- understand the opportunities for you and your patients to become part of the MS Trust community

10:30 Break

11:00 What is MS? An up-to-date viewpoint

Tania Burge, Head of Health Professionals Programmes, MS Trust

Learning Outcomes. *After this session you will be able to:*

- consider the epidemiological data relating to MS
- understand the factors which influence development and progression of MS
- discuss the possibility of familial links
- have an overview of the latest updates in MS

12:00 Lunch

13:00 A revision of neurophysiology (including refreshment break)

Dr Patricia Fell, Associate Professor (Learning and Teaching), Birmingham City University

Learning Outcomes. *After this session you will be able to:*

- demonstrate a functional understanding of the central nervous system
- describe the functional anatomy of neurons and the role of myelin in aiding conductivity

15:00 Living with MS

Liz Thomson, Expert Patient

Learning Outcomes. *At the end of this session you will have:*

- reflected on the impact of a diagnosis upon an individual and their family
- reflected on the different experiences' individuals may have when following the same pathway

11:00 Break

11:15 **Becoming a confident MS Specialist**

Dr Lou Jarrett, MS Clinical Nurse Specialist, Honorary Lecturer Plymouth University, Royal Devon Eastern Services and Jody Barber, Consultant Physiotherapist, The National Hospital for Neurology and Neurosurgery, London

Learning Outcomes. After this session you will:

- have considered the current NHS context for MS specialist practice
- be aware of the evidence available regarding the value and impact of MS specialist nursing
- have considered how you will begin to implement your learning from this week
- will have a better understanding of how you move from novice to specialist in your role as an MS Specialist

12:15 **Looking after yourself**

Professor Derek Willis, Medical Director and Lead Consultant, Severn Hospice, Telford

Learning Outcomes. After this session you will:

- have considered strategies to support your wellbeing
- be ready to head off and continue your success as an MS specialist

13:00 **Round up of the week**

Tania Burge, Head of Health Professionals Programmes, MS Trust

13:15 **Close** (a packed lunch will be available to take away)

