

Real own experience of Kesimpta (Ofatumumab) across the Thames Valley Hospitals

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Background and Aims

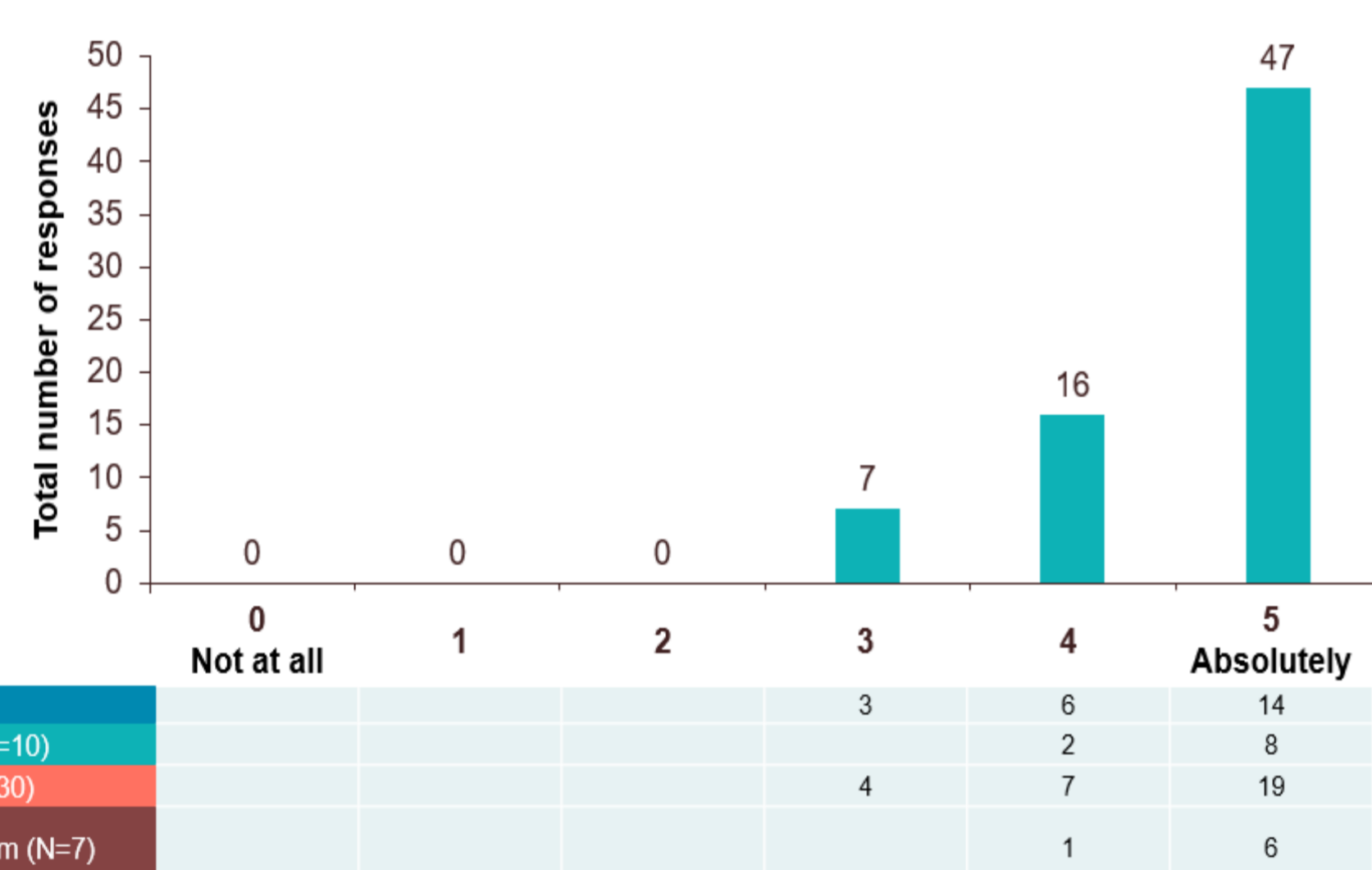
- The aim of this project was to understand the patient Kesimpta experience across The Thames Valley Hospitals.
- The Multiple Sclerosis patient pathway has evolved rapidly over the last 20 years, with an increase in DMT number from 4 in 2004, to the current 16 in 2023. The evolution of the therapeutic landscape poses difficult decisions for patients and their caregivers in terms of treatment choice.
- Easing the process of DMT initiation for patients is such an important goal, given their busy lifestyles, where they often have to balance their MS with work and family life.
- Kesimpta is a recently approved subcutaneous anti-CD20 therapy which is self-administered at home by the patient. Given the potential for Kesimpta to simplify the way high efficacy DMTs are initiated and administered, we wanted to investigate real own experience of Kesimpta set-up with MS Specialist Nurses and patients with MS.

Method

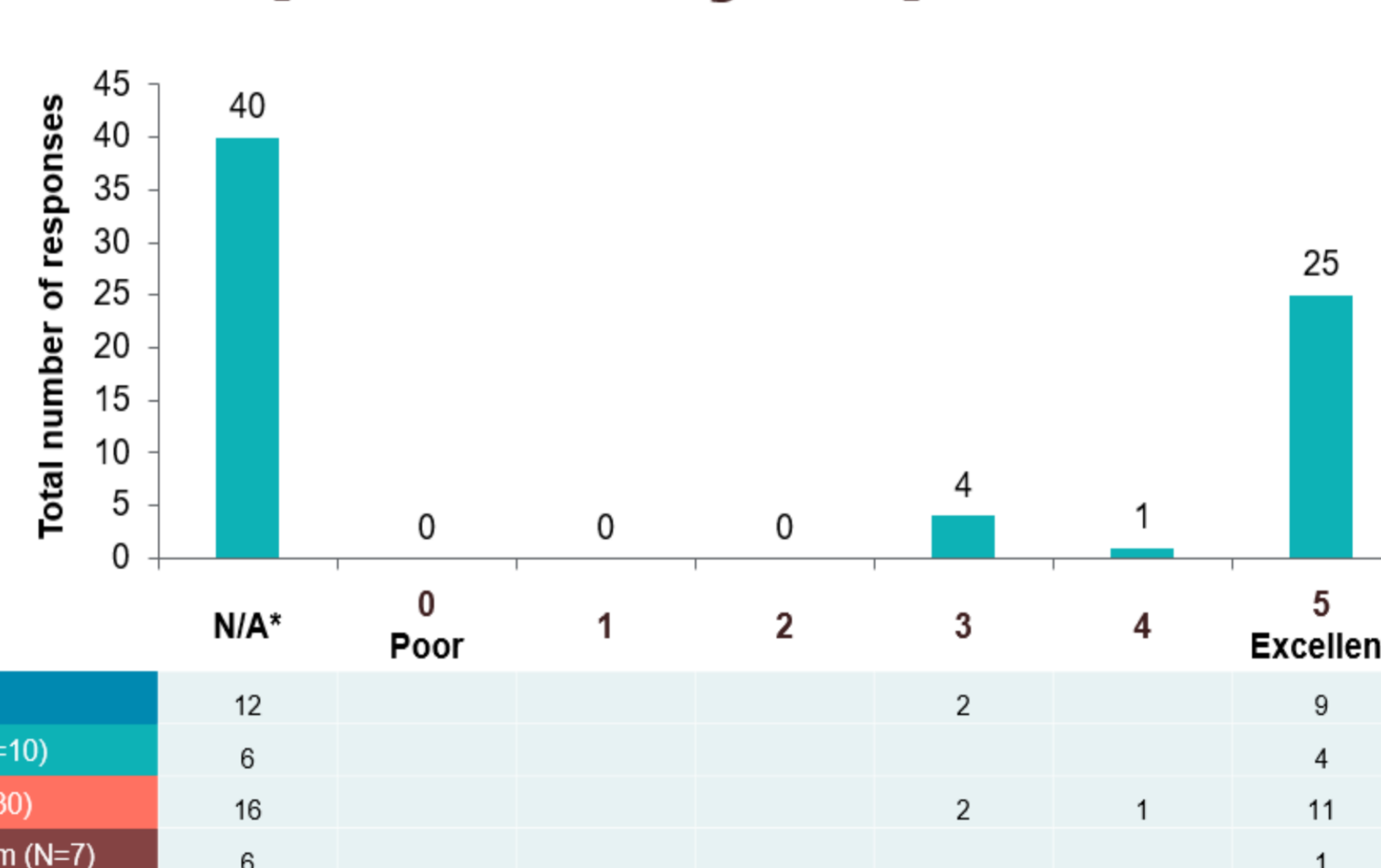
We constructed a short patient questionnaire which included questions on the DMT consultation, screening, administration of Kesimpta and nursing and delivery services. Answers were provided on a sliding scale (1-5). We also noted whether the patients were treatment naïve or switching treatment to Kesimpta. We aimed to collect approximately 80 responses across the Thames Valley Hospitals to ensure a high level of confidence in the findings.

Results

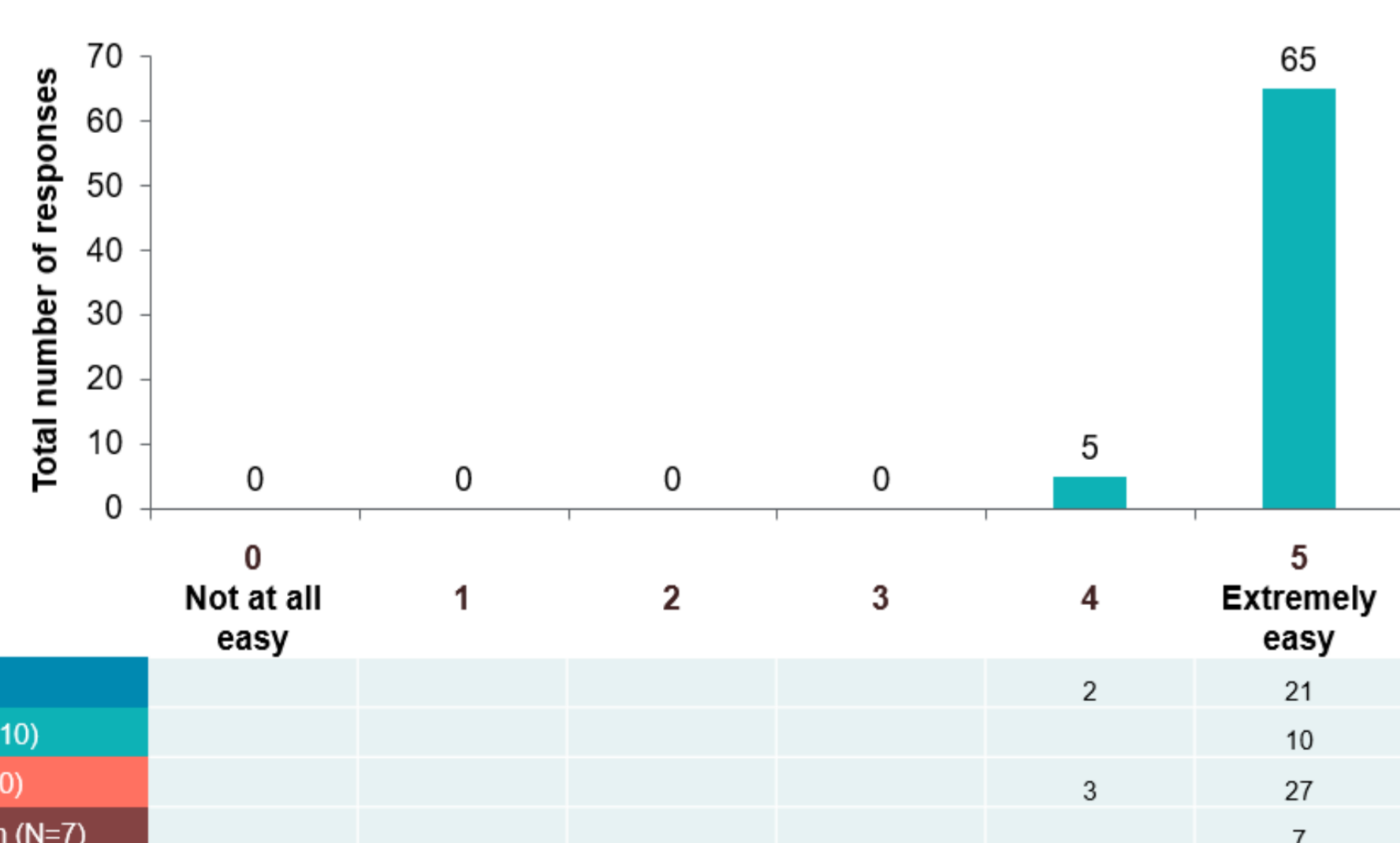
Did the DMT consultation enable you to make an informed decision about your treatment?



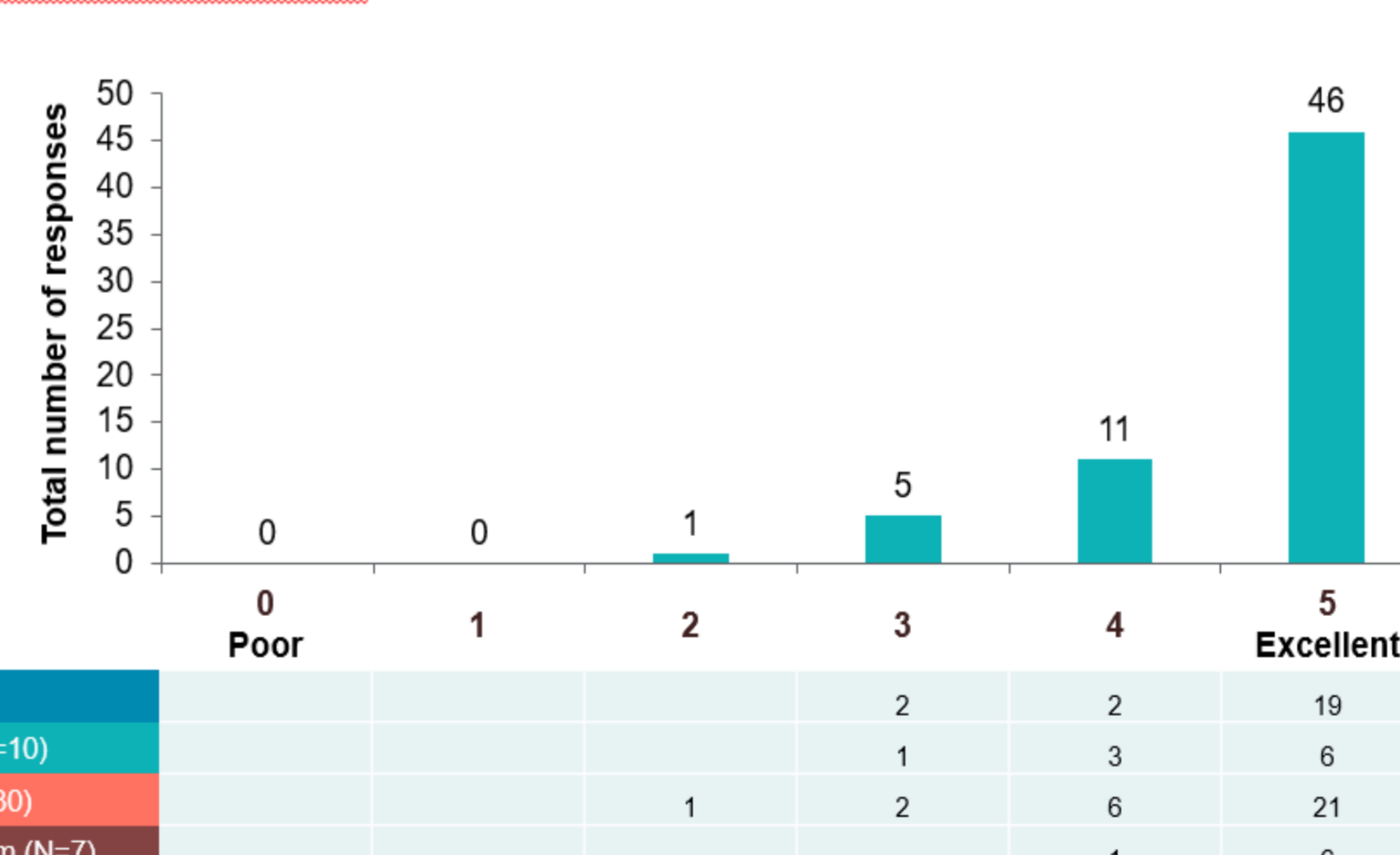
How would you rate your experience of KESIMPSTA compared with your previous DMT?



How easy is the Sensoready® pen to use?



Please rate your experience of the KesimptaConnect Nurse service



“So far Kesimpta is going well so hoping it stays that way!”

“I feel very well supported since taking Kesimpta”



“Sensoready pen is simple to use, and no side-effects”

“I am very happy with Kesimpta”

Overall, the results showed that patients feel informed about choosing Kesimpta and had a positive experience with it, including use of the pen and the nursing service

Discussion and Conclusion

Feedback so far has been positive and it has demonstrated good patient satisfaction with Kesimpta. High scores were revealed especially for the use of the Kesimpta Sensoready Pen and the experience of patients on Kesimpta vs previous DMT. The results suggest that patients appreciate the convenience of a high efficacy drug that can be administered to suit a their lifestyle, as there is no need for them to take time off work, no need to go to hospital nor to take any pre-medication. The ease of use and low monitoring burden has also resulted in far fewer calls from patients to the MS Service.

Acknowledgements

- The Thames Valley MS Specialist Nurses
- MS patients

References

- “Getting to know Kesimpta” patient booklet
- Kesimpta Connect booklet
- Kesimpta SMPC
- Kesimpta Portal