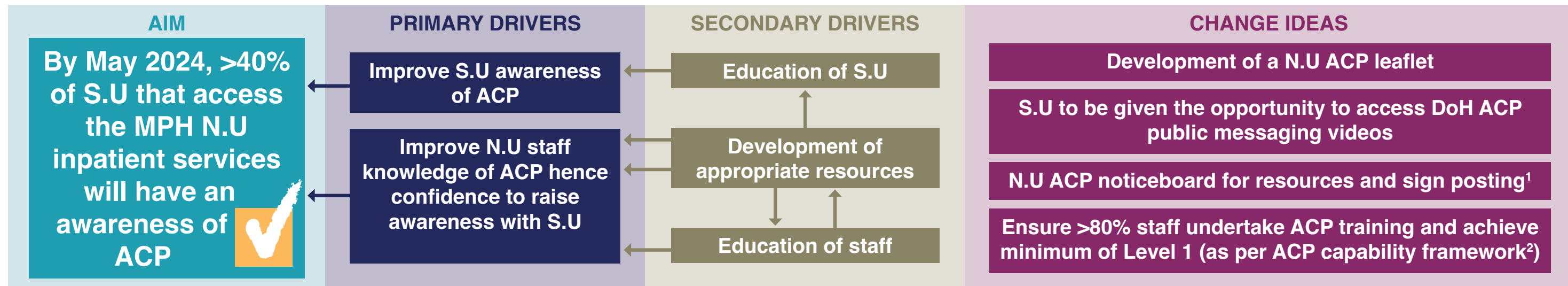


What's your plan?

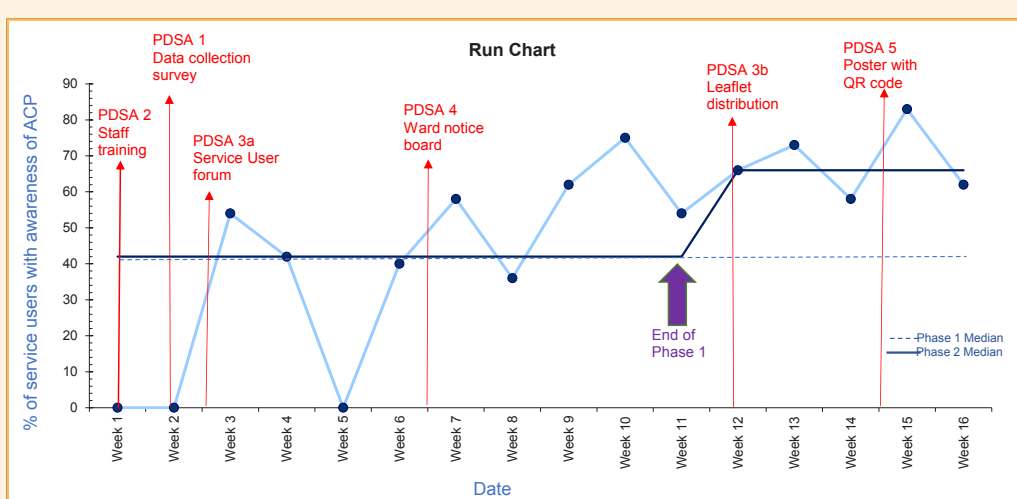
Authors: Glenda King, Catherine Doherty, Christine Kelly, Jayne Armstrong, Julie Bray, Nicola Tikare, Patricia O'Kelly, Elizabeth Moore & Stephen Davidson

Background

- Advance Care Planning (ACP) is a way to think about and plan for your future. It covers personal, legal, clinical and financial affairs – everything that is important to us. The Department of Health (DoH) policy document 'For Now and For the Future'¹ supports normalising ACP conversations, increasing public awareness and supporting those adults who do want to create an ACP.
- The Neurology Unit (N.U) Musgrave Park Hospital (MPH) provides regional specialist Multidisciplinary Team (MDT) inpatient care for those with long-term progressive neurological conditions. By raising awareness of ACP amongst staff and Service Users (S.U), it will allow more individualised patient care, improving the quality of life of patients by focusing on what is important to them.

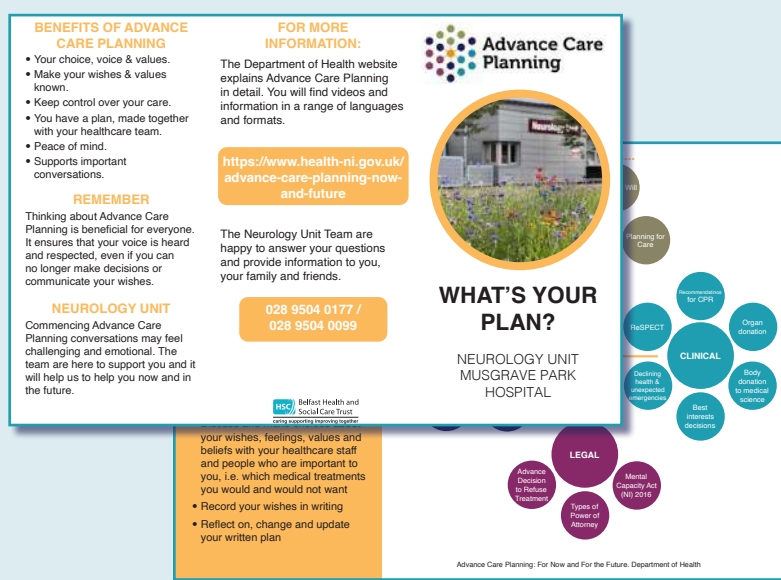


PDSA 1: Data Collection Service User Awareness



The project aim for S.U ACP awareness was exceeded. Phase 1 median 42%. Phase 2 median 66%

PDSA 3: Service User Forum and Leaflet Production

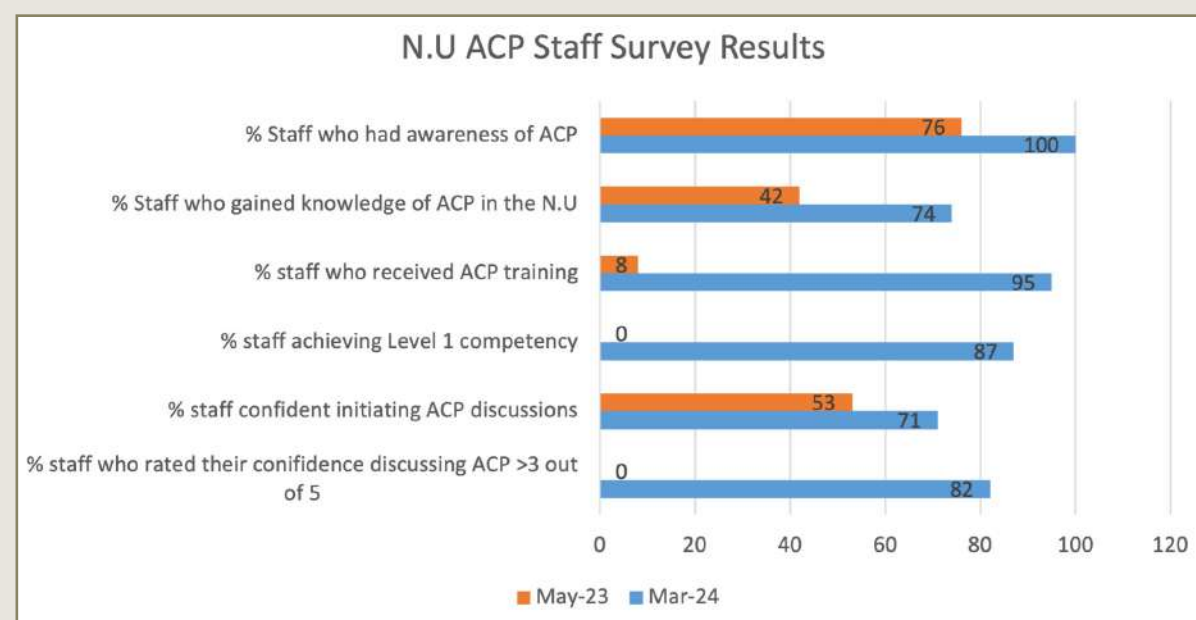


- ✓ Service User Focus Group Sessions
- ✓ PPI involvement at ward level
- ✓ BHSCT reader panel
- ✓ ACP leaflet offered to everyone during admission

Patient Engagement



PDSA 2: Staff Training and Awareness



87% of surveyed staff achieved Level 1 ACP competency²

PDSA 4: Notice Board

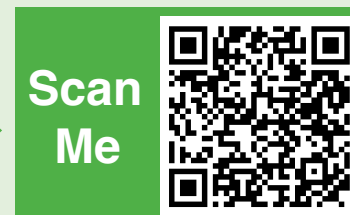


- ✓ Service User Feedback
- ✓ At wheelchair height
- ✓ Leaflets to take home beside notice board
- ✓ Signposting to ACP resources

PDSA 5: Bedside Poster with QR Code to Interactive Information Resource³



- QR code links to:
- N.U ACP Leaflet
 - DOH website¹
 - Macmillan Your Life and Your Choice⁴



QR code³ scanned 101 times



Results

- 60 S.U agreed to take part in the ACP project. Of these 75% wanted to discuss their ACP
- S.U awareness increased from 12% on admission to 77% on discharge.
- 84% of the MDT are now ACP trained
- 82% of surveyed staff rated their confidence to discuss ACP as ≥3 out of 5

Conclusion

ACP awareness has been successfully raised through a means of targeted education of S.U and the MDT. The results achieved by this project align with strategic priorities set out by the DoH¹ to support the implementation of ACP. Based on patient feedback, face to face ACP education supported by co-produced easily accessible resources, is the most effective way of raising awareness of ACP. This project has demonstrated the potential to be transformative, sustainable and transferable to other specialities and health care settings.

Next Steps

- Co-production:** continued collaborative working promoting ACP.
- Education:** Mandatory ACP staff training and keep S.U resources up to date.
- Embedding:** Identify ACP ward champions to maintain momentum, sustainability and align with policy updates.
- Expansion:** Present project findings regionally and facilitate dissemination of improvement strategies to other clinical departments.

1. <https://www.health-ni.gov.uk/advance-care-planning-now-and-future>

2. Advance Care Planning Policy for Adults in Northern Ireland. Advance Care Planning Capability Framework. Department of Health

3. <https://belfasttrust.pagetiger.com/acp-neuro-sqb-draft/jan2024>

4. Your Life and Your Choices: Plan Ahead. Macmillan Cancer Support

