



JONATHAN CASE STUDY

Specialist knowledge & intervention – Nicola Hyslop, Cumbria

SITUATION

Jonathan is 66 years old and was diagnosed with Primary Progressive MS in 2007. He lives alone and privately funds all of his care provision.

AT A GLANCE

CHALLENGES

- Fully reliant on a wheelchair
- Rural location meaning fewer carers available
- Previously funded own care which has become unsustainable

AMSC INPUT

- Joined-up care approach
- Financial assessments put in place along with Adult Social Care review

"The role is definitely needed, it is so helpful to have a point of reference if you have a concern, a question or a thought about an aspect of care, like funding for example. The role is not so much nursing, but getting your life sorted so that you can relax a little bit."

— Jonathan

BACKGROUND

- As Jonathan lives in a rural area, care facilities are limited. He
 therefore has to privately fund all his social and informal care.
 However this is no longer a financially viable option.
- He is dependent on someone providing all aspects of health and social care in order to remain at home.
- He has bladder issues, swelling to the joints and limbs, and has been reliant on a wheelchair since 2013.

AMSC INPUT AND RECOMMENDATIONS

- The AMSC has made an urgent referral to the Adult Social Care team for a financial assessment and general assessment of needs. They also completed an assessment to ascertain Jonathan's ongoing care needs.
- A referral was made to the Occupational Therapist team to assess the home environment.
- Provided training and advice for carers on bowel management, medication and diet.
- Involved a physio to provide carers training in relevant stretches and positioning.
- Established strong patient relationship and regular contact.

OUTCOMES

- Implemented a joined up care approach through close working with health care professionals and adult social care services.
- · Avoidance of unnecessary hospital admissions.
- More frequent reviews for Jonathan.
- Safeguarding and advocacy to ensure Jonathan can remain in his own home.