

# MS Trust Virtual Conference Programme

28 February – 2 March 2021



## Sunday, 28<sup>th</sup> February 2021

**10.00 am**                    **Workshop for new in post MS specialists – all welcome**  
*(organised by UKMSSNA and TiMS)*  
Yvonne Copeland and Carolyn Cairns, MS Specialist Nurses, Walton Centre for Neurology and Neurosurgery;  
Tania Burge, Advanced MS Practitioner, Southmead Hospital, Bristol

**10.30 am**                    **Opening of conference exhibition, poster room and networking**

### 12.00-12.45 pm    **Roche Satellite Symposium**

**Owning MS beyond COVID: what can we learn from the Patients' Perspective Study?**  
Hear from a person living with MS, a patient experience researcher, a behavioural scientist and an MS Nurse

**Chairperson:** Helen Chandler, Person with MS

**Panel members:** Lindsay Lord, Advanced MS Champion, Salford Royal NHS Foundation Trust; Alison Thomson, Patient Researcher, Lecturer in patient and public Involvement, Katy Irving, Global Head of Behavioural Science, HRW, Helen Chandler, Person with MS

### 13:00 – 15:00pm    **Opening plenary session**

**CHAIR: Professor Dawn Langdon, Royal Holloway, University of London**

**13:00 - 13.20**                **Welcome and MS Trust update** – David Martin, CEO, MS Trust

**13:20 – 14:35**                **Managing cognition in MS – An MDT Approach**

Dr Anita Rose, Consultant Clinical Neuropsychologist and Director of Clinical Development, Renovo Care Group

Emma Royal, Specialist Neurological Occupational Therapist, Buckinghamshire Healthcare NHS Trust

Dr Louise Jarrett, MS Clinical Nurse Specialist, Royal Devon and Exeter Hospitals

**14.35- 15:00**                **My MS story** – Andy Merry

**15.00-16.00 pm**                **Visit the Exhibition stands, Company pages and view the posters**

### 15.15-16.00 pm    **Hollister Satellite Symposium**

**Integrating Services – translating data into practice**

**Speakers:** Sue Thomas, CEO Wilmington Healthcare Consulting and Joan Bradley, Lead Nurse in MS and Rehabilitation, The Hillingdon Hospitals NHS Foundation Trust

**16.00 pm**                    Close

## Monday 1<sup>st</sup> March 2021

### 9.15-10.15 am Concurrent seminars session 1

- Seminar 1 **Secondary progressive MS and treatment options**  
Dr Floriana de Angelis, Consultant Neurologist, Luton and Dunstable University Hospital  
CHAIR: Nicola Faulkner, MS Specialist Nurse, Hillingdon Hospitals NHS Foundation Trust
- Seminar 2 **Coping with MS: acceptance and commitment therapy**  
Dr Bronwen Bonfield, Principal Clinical Psychologist, Buckingham Healthcare NHS Trust  
CHAIR: Ruth Stross, MS Specialist Nurse, Surrey Downs Health
- Seminar 3 **Stand and deliver**  
Professor Jenny Freeman, Professor in Physiotherapy and Rehabilitation and Rachel Dennett, Neuro Specialist Physiotherapist both University of Plymouth.  
CHAIR: Dr Wendy Hendrie, Specialist Physiotherapist in MS, Norwich MS Centre
- Seminar 4 **Looking after yourself**  
Dr Anita Rose, Consultant Clinical Neuropsychologist and Director of Clinical Development, Renovo Care Group  
CHAIR: Dr Louise Jarrett, MS Clinical Nurse Specialist, Royal Devon and Exeter Hospitals

10.15-11.15 am Visit the Exhibition stands, Company pages and view the posters

### 10.30-11.00 am Coffee Room: Brain Exchange Meet the Trustees

*Join some of the MS Trust Trustees in the Brain Exchange. They are keen to hear about the challenges you and your patients have been dealing with over the last 12 months and to learn how the MS Trust can better support you and people with MS.*

### 11.15-12.15 pm Concurrent seminars session 2

- Seminar 1 **An overview of paediatric MS and transition to adult services**  
Dr Cheryl Hemingway, Consultant Paediatric Neurologist, Great Ormond Street Hospital;  
Dr Wallace Brownlee, Consultant Neurologist and clinical lead for the MS Service, NHNN,  
CHAIR: Sarah Crichton, CNS in paediatric neurology, Evelina London Children's Hospital
- Seminar 2 **Managing a relapse**  
Dr Martin Duddy, Consultant Neurologist and Clinical Director for Neurosciences, and Gillian Kamara, MS Specialist Nurse, both Royal Victoria Infirmary, Newcastle  
CHAIR: Noreen Barker; MS Nurse Consultant, NHNN, London
- Seminar 3 **Lifestyle: social and economic factors in MS**  
Dr Helen Ford, Consultant Neurologist, Leeds Teaching Hospital  
CHAIR: Christine Singleton, Clinical Specialist Physiotherapist, Birmingham
- Seminar 4 **How can I help to optimise respiratory function in MS?**  
Jody Barber, Neurological Physiotherapist, Central London Community NHS Trust and Nicola Hyslop, Advanced MS Champion, North Cumbria  
CHAIR: Michelle Davies, Dorset MS Service Lead
- Seminar 5 **Management of spasticity and related medication**  
Dr Wendy Hendrie, Specialist Physiotherapist in MS, Norwich MS Centre and Rachel Dorsey-Campbell, Senior Lead Pharmacist Neurosciences, Imperial College Hospital, London.  
CHAIR: Liz Keenan, Lead Clinical Nurse Specialist for Spasticity, National Hospital for Neurology & Neurosurgery, London

12.15-14.30 pm Visit the Exhibition stands, Company pages and view the posters

### 12.30-13.00 pm Coffee Room: Brain Exchange Support for you and your MS Service

Paru Naik, Director of Health Professionals Programmes and Megan Roberts, Head of Health Professionals Programmes, MS Trust  
*Are you thinking of expanding your MS team, do you need help with implementing a service improvement, are you just looking for ideas? Come along and chat with Paru and Megan from the MS Trust Health Professionals Team.*

<b>13.30-14.15 pm</b>	<b>Novartis Satellite Symposium</b> <b>Initiating SPMS patients with active disease: Mayzent UK experience</b> <b>Speakers:</b> Dr Agne Straukiene, Consultant Neurologist and Debbie Gleeson, MS Specialist Nurse both Torbay and South Devon NHS Trust
<b>14.30-16.15 pm</b>	<b>Plenary session</b> <b>CHAIR:</b> David Martin, CEO, MS Trust
<b>14.30-15.30</b>	<b>Question Time: What is the future of MS Services post COVID-19?</b>  <b>Panel:</b> Professor Alasdair Coles, Chair of the NHS England Neuroscience Transformation programme, Cambridge; Professor Gavin Giovannoni, Professor of Neurology, Blizard Institute, Barts; Dr Helen Ford, Consultant Neurologist, Leeds Teaching Hospital Dr Arani Nitkunan, Consultant Neurologist, Croydon University Hospital and St George's University Hospital
<b>15.30-16.15</b>	<b>Annual Helen Ley Lecture: Palliative care and MS</b> Dr Gordon Linklater, Palliative Care Consultant, NHS Highland
<b>16.15-18.00 pm</b>	<b>Visit the Exhibition stands, Company pages and view the posters</b>
<b>16.30-17.15 pm</b>	<b>Janssen Satellite Symposium</b> <b>Staff mental health in light of the COVID-19 pandemic – The Nightingale Response</b> <b>Speakers:</b> Dr Derek Tracy, Clinical Director, Oxleas NHS Foundation Trust Chair: Nicola Hyslop, Advanced MS Champion, North Cumbria
<b>18.00-18.30 pm</b>	<b>Coffee Room: Brain Exchange <i>Fundraising opportunities in a virtual world</i></b> <i>Join the Fundraising team to find out more about the many different fundraising options available to you over the next 12 months. Lots for you to enjoy and take part in, from virtual marathons to computer games!</i>
<b>18.30-21.00 pm</b>	<b>MS Trust Quiz and Disco – all welcome!</b>
<b>18.30-19.30 pm</b>	MS Trust Quiz with Simon Webster
<b>19.30-21.00 pm</b>	Live Disco with DJ John Jones <i>Theme for the Disco is 'Best Dressed'!</i>
<b>21.00 pm</b>	Close

## Tuesday 2nd March 2021

### 9.15-10.15 am Concurrent seminars session 3

Seminar 1	<b>DMDs made simple</b> Dr Martin Wilson, Consultant Neurologist, Walton Centre for Neurology and Neurosurgery, Liverpool CHAIR: Joela Mathews, Highly Specialist Pharmacist, The Royal London Hospital
Seminar 2	<b>Spasticity for Nurses</b> Liz Keenan, Lead Clinical Nurse Specialist for Spasticity, NHNN, London CHAIR: Jenny Thain, Physiotherapist, Walton Centre for Neurology and Neurosurgery
Seminar 3	<b>Advanced care planning: an MDT approach</b> Dr Lorraine Petersen, Consultant in Palliative Medicine and Medical Director Arthur Rank Hospice Charity CHAIR: Del Thomas, Lead MS Clinical Nurse Specialist, Wye Valley
Seminar 4	<b>The use of mindfulness in MS</b> Jenny Nicholson, Mindfulness Teacher, Oxford and Sue Tibbles, MS Specialist Nurse, University Hospitals Coventry and Warwickshire

10.15-13.00 pm Visit the Exhibition stands, Company pages and view the posters

### 10.30-11.15 pm Bristol Myers Squibb Satellite Symposium

**Zeposia ▼ (ozanimod) in active RRMS: Meeting the needs of your MS patients**  
**Chair and Speakers:** Del Thomas, Lead MS Clinical Nurse Specialist at Wye Valley NHS Trust Hereford  
Dr Francisco Carod-Artal, Consultant Neurologist at Raigmore Hospital, NHS Highland, Inverness

### 11.30-12.15 pm Merck Satellite Symposium

**An MDT approach to managing highly active relapsing MS and vaccination**  
**Speakers:** Dr Wallace Brownlee, Consultant Neurologist and MS Clinical Lead and Noreen Barker, MS Nurse Consultant both of The National Hospital for Neurology and Neurosurgery, London

### 12.30-13.00 pm Coffee Room: Brain Exchange *Drug appraisals and clinical guidelines-working with NICE and SMC*

**Janice Sykes, Information Management Officer, MS Trust**

*Come along and find out more about how the MS Trust formulate their responses to NICE consultations and appraisals with Janice from the MS Trust Information and Engagement Team*

13.00-14.45 pm	<b>Closing Plenary session</b> CHAIR: Dr Declan Chard, Consultant Neurologist, UCLH
13.00-13.05	<b>Chair's opening remarks</b>
13.05-13.35	<b>Stem cells from a patient's perspective</b> Caroline Wyatt, Broadcaster and Journalist
13.35-14.00	<b>Stem Cells update</b> Professor Basil Sharrack, Consultant Neurologist, Sheffield Teaching Hospitals
14.00-14.30	<b>MS in the era of COVID-19</b> Dr Eli Silber, Consultant Neurologist, King's College Hospital
14.30-14.45	<b>Closing remarks</b> Caitlin Sorrell, Chair of Trustees, MS Trust

**15.00-16.00 pm Hollister workshop** (Register to attend this workshop via the Hollister stand or Company page)

**Developing an integrated pathway for bladder management in MS**  
Sue Thomas, CEO Wilmington Healthcare Consulting

**16.00-17.00 pm A Zoom Goodbye: Join us in Zoom rooms to say Hello and Goodbye and share all things Conference ... until the next time!**

*Topic: A Zoom Goodbye*

*Time: Mar 2, 2021 03:45 PM London*

<https://us02web.zoom.us/j/81676602766>

**Stay safe and see you soon**

