

MS Trust Virtual Conference

Programme

28 February – 2 March 2021



Sunday, 28 February 2021

From 10:30 **Opening of conference exhibition and networking**

10.00 - 11:30 **Workshop for new in post MS specialists** (UKMSSNA and TiMS) Yvonne Copeland, MS Nurse, Walton Centre; Carolyn Cairns, MS Nurse, Walton Centre and Tania Burge, Advanced MS Practitioner, Southmead Hospital, Bristol

12:00 – 12:45 **Company sponsored satellite symposium: TBC**

13:00 – 15:00 **Opening plenary session CHAIR: Dawn Langdon**

13:00 **Welcome and MS Trust update** – David Martin

13:20 – 14:35 **Managing cognition in MS – An MDT Approach**
Dr Anita Rose, Consultant Clinical Neuropsychologist, Tonbridge
Emma Royal, Specialist Neurological Occupational Therapist, Buckingham
Louise Jarrett, MS Specialist Nurse, Exeter

14.35- 15:00 **My MS story** – Andy Merry

15:00 – 15:45 **Exhibition, networking and poster viewing/voting**

15:45 – 16:30 **Company sponsored satellite symposium : Hollister**

Monday, 1 March 2021

9:15 – 10:15 **Concurrent seminar session 1**

Seminar 1 **Secondary progressive MS and treatment options** – Dr Floriana de Angelis, Consultant Neurologist, Luton CHAIR: Nicola Faulkner

Seminar 2 **Coping with MS: acceptance and commitment therapy** – Dr Bronwen Bonfield, Principal Clinical Psychologist, Aylesbury CHAIR: Ruth Stross

Seminar 3 **Stand and deliver** – Professor Jenny Freeman, Professor in Physiotherapy and Rehabilitation, Plymouth and Rachel Dennett, Neuro Specialist Physiotherapist, Plymouth. CHAIR: Wendy Hendrie

Seminar 4 **Looking after yourself** – Dr Anita Rose, Consultant Clinical Neuropsychologist, Tonbridge CHAIR: Lou Jarrett

10:15 – 11:15 **Exhibition, networking and poster viewing/voting**

MS Trust Annual Conference
28th February- 2nd March 2021

11:15 – 12:15	Concurrent seminar session 2
Seminar 1	An overview of paediatric MS and transition to adult services – Dr Cheryl Hemingway, Paediatric Neurologist, London and Dr Wallace Brownlee, Consultant Neurologist, London CHAIR: Sarah Crichton
Seminar 2	Managing a relapse – Dr Martin Duddy, Consultant Neurologist, Newcastle and Gillian Kamara, MS Specialist Nurse, Newcastle CHAIR: Noreen Barker
Seminar 3	Lifestyle: social and economic factors in MS – Dr Helen Ford, Consultant Neurologist, Leeds CHAIR: Christine Singleton
Seminar 4	How can I help to optimise respiratory function in MS? – Jody Barber, Highly Specialist Neuro Physiotherapist (TBC), West Herts and Nicola Hyslop, Advanced MS Champion, Cumbria CHAIR: Michelle Davies
Seminar 5	Management of spasticity and related medication – Dr Wendy Hendrie, MS Clinical Specialist Physiotherapist, Norwich and Rachel Dorsey-Campbell, Senior Lead Pharmacist Neurosciences, London. CHAIR: Liz Keenan

12:15 – 14:30 Exhibition, networking and poster viewing/voting

12:30 – 13:15 Company sponsored satellite symposium - TBC

13:30 – 14:15 Company sponsored satellite symposium: Novartis

14:30 – 16:15 Plenary session (Chair: David Martin)

14:30 – 15:30 Question Time: What is the future of MS Services post COVID?

Panel: Professor Alasdair Coles, Professor Gavin Giovanonni, Dr Helen Ford and Dr Arani Nitkunan

15:30 – 16:15 Helen Ley Lecture: Palliative care and MS – Dr Gordon Linklater, Palliative Care Consultant, NHS Highland

16:30 – 17:15 Company sponsored satellite symposium - TBC

16:15 – 18:00 Exhibition, networking and poster viewing - final chance to vote

18.30 - 20.00 Quiz and disco

Tuesday, 2 March 2021

9:15 – 10:15	Concurrent seminar session 3
Seminar 1	DMDs made simple – Dr Martin Wilson, Consultant Neurologist, Walton Centre CHAIR: Joela Mathews
Seminar 2	Fatigue management in MS – Susan Hourihan, MS Specialist Occupational Therapist, London CHAIR: Lindsay Lord
Seminar 3	Spasticity for Nurses – Liz Keenan, Lead Clinical Nurse Specialist Spasticity Management, London CHAIR: TBC
Seminar 4	Advanced care planning: an MDT approach – Dr Lorraine Petersen, Medical Director and Consultant in Palliative Medicine, Cambridge CHAIR: Del Thomas
Seminar 5	The use of mindfulness in MS - Jenny Nicholson, Mindfulness Teacher, Oxford CHAIR: Sue Tibbles

10.15 – 13:00 Exhibition, networking and poster viewing

10:30 – 11.15 Company sponsored satellite symposium: Bristol Myers Squibb

13.00 – 14:45 Closing Plenary session (CHAIR: Dr Declan Chard)

13:00 Chairs opening remarks

13:05 **Stem cells from a patients perspective** – Caroline Wyatt, BBC News Journalist

13. 35 **Stem cells update** –Professor Basil Sharrack, Consultant Neurologist, Sheffield

14.00 **MS in the era of Covid-19** – Dr Eli Silber, Consultant Neurologist, London

14:30 **Winning posters and prize giving** – Caitlin Sorrell, Chair of Trustees, MS Trust
Summary of meeting

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