**MS TRUST VIRTUAL STUDY DAY**

**Palliative Care and Advanced MS**

**Monday 8 November 2021**

**Learning outcomes:**

**Palliative care in MS: Setting the scene**

*After this session delegates will:*

* have gained an understanding of what the term palliative care means
* have explored palliative care in the context of long-term conditions
* have established where MS ‘fits’ in palliative care
* be able to identify pwMS entering the palliative phase of the disease

**Advanced care planning**

*After this session delegates will:*

* have gained an understanding of the benefits of having an Advanced Care Plan
* understand the steps required in developing an Advanced Care Plan
* be able to open a conversation with pwAMS around writing an Advanced Care Plan

**Symptom management for people with MS at the end of their life**

*After this session delegates will:*

* be able to identify the common symptoms in those with advanced MS
* have gained an understanding of severe symptoms within MS palliative care
* have gained knowledge in identifying and treating severe symptoms

**Ethical issues in MS palliative care**

*After this session delegates will:*

* have gained an understanding of the legal framework for decision making at the end of life
* understand the key ethical issues in palliative care
* have gained knowledge of providing support to people wishing to write advance care plans
* have gained an understanding of capacity and best interests within palliative care

**Case study discussions with an MDT Panel**

*After this session delegates will:*

* have gained an insight into the advantages of working as an MDT with people with severe MS
* have explored complex issues such as working in best interests and determining mental capacity at the end of life
* have gained an increased awareness of the psychosocial needs of people with severe MS as they approach the end of life

**What makes a good death?**

*After this session delegates will:*

* have gained an understanding of a what constitutes a ‘good death’
* have explored issues around providing care at the end of life in different settings
* have gained knowledge in supporting families dealing with a death